

**STANLEY L. GOODMAN, M.D.**  
***Forensic, Child, Adolescent, and Adult Psychiatry***

**INDIVIDUAL & FAMILY PSYCHOPHARMACOLOGIC TREATMENT OF:**

- MOOD AND ANXIETY DISORDERS • OBSESSIVE-COMPULSIVE DISORDER
- PERVASIVE DEVELOPMENTAL DISORDERS/AUTISM • MENTAL RETARDATION
- ATTENTION DEFICIT DISORDER • TOURETTE'S DISORDER • TRAUMATIC PSYCHIATRY
- TRAUMATIC BRAIN INJURY • POST-TRAUMATIC STRESS DISORDER
- CHRONIC PAIN MANAGEMENT • WORKERS' COMPENSATION

**DIPLOMATE, AMERICAN BOARD OF PSYCHIATRY & NEUROLOGY**

- SUBSPECIALTY CERTIFICATION IN FORENSIC PSYCHIATRY;
- BOARD CERTIFICATION IN CHILD & ADOLESCENT PSYCHIATRY
- BOARD CERTIFICATION IN ADULT PSYCHIATRY
- SUBSPECIALTY CERTIFICATION IN GERIATRIC PSYCHIATRY
- SUBSPECIALTY CERTIFICATION IN ADDICTION PSYCHIATRY

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**SATELLITE OFFICES**

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**DEPRESSION-INDUCED MEDICAL COMPLICATIONS**

There are other medical complications associated with depression in addition to the cardiovascular complications which are outlined in my separate synopsis, *Association Between Depression and Increased Risk of Cardiovascular Disease, Premature Death, & Suicide.*"

Other serious medical complications associated with depression include the following:

**Depression - Immunologic Effects**

1. Depression can cause decreased immune response.
2. Depression-induced decrease in killer T-Cells and function of T-Cells has been reported. This increases susceptibility to infection. Since cancer cells are constantly being made but are destroyed by the immunologic system, it is medically probable that a person may be at higher risk for cancer if they have this depression-induced immunologic T-Cell response/dysfunction.

**Depression - Fibromyalgia**

Depression or pain-induced sleep deficit may predispose a person to the development of fibromyalgia and may also compromise immunologic alterations which may predispose a patient towards development of fibromyalgia.

**Depression - Sleep Disturbance**

Depression-associated sleep disturbance further impairs the immunologic competence. In addition, resulting fatigue impairs coordination, increasing the risk of serious accident, such as auto accidents.

**Depression - Endocrine Disorder**

Depression reduces cortisol levels, thus worsening preexisting diabetes mellitus and decreasing immune response.

**Depression - Osteoporosis**

Depression has been associated with osteoporosis (*New England Journal of Medicine*).